

HALFWAY BACK

PROGRAM OVERVIEW Volunteers of America's Halfway Back program provides residential alcohol and drug treatment to men recovering from addiction and exiting a correctional facility. This 50-bed treatment program uses an evidence-based clinical services recovery approach. Milieu Therapy is a form of therapy that involves the use of therapeutic communities in which patients are encouraged to take responsibility for themselves and the others within the unit, based upon a hierarchy of collective consequences.

Halfway Back engages men in an individualized case plan that promotes greater accountability and ownership for living a healthy lifestyle. Residents are expected to participate in individual and group counseling, life skills training, GED education and employment readiness assessment and training.

Clients attend psycho-educational sessions including relapse prevention, anger and stress management, errors in thinking, spirituality, HIV prevention and healthy family relationship education. Halfway Back supports residents in their efforts to return to their communities as healthy and contributing members.

PROGRAM OUTCOMES

- Program graduation rate is 12% above the national benchmark
- 92% of clients attain stable/secure housing after exiting program

CLIENT SATISFACTION

- 83% of respondents surveyed indicated they were satisfied with the services they received
- 95% of respondents surveyed indicated they benefited from the services

YEAR ESTABLISHED 1996

FY 2017 BUDGET \$949, 863

PEOPLE SERVED 72 (during FY 2015)

PROGRAM CAPACITY 50 beds



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