

HALFWAY BACK

PROGRAM OVERVIEW Volunteers of America's Halfway Back program provides residential alcohol and drug treatment to men recovering from addiction and exiting a correctional facility. This 50-bed treatment program uses an evidence-based clinical services recovery approach. Milieu Therapy is a form of therapy that involves the use of therapeutic communities in which patients are encouraged to take responsibility for themselves and the others within the unit, based upon a hierarchy of collective consequences. Halfway Back is PREA compliant and has two trained PREA investigators on site.

Halfway Back engages men in an individualized case plan that promotes greater accountability and ownership for living a healthy lifestyle. Residents are expected to participate in individual and group counseling, life skills training, GED education and employment readiness assessment and training.

Clients attend psycho-educational sessions including relapse prevention, anger and stress management, errors in thinking, spirituality, HIV prevention and healthy family relationship education. Halfway Back supports residents in their efforts to return to their communities as healthy and contributing members.

CLIENT SATISFACTION • 92% of respondents surveyed indicated they benefited from the services

YEAR ESTABLISHED 1996

FY 2018 BUDGET \$809,487

PEOPLE SERVED 182

PROGRAM CAPACITY 50 beds



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