



# PATRICIA CUMMINGS WELLNESS SCHOLARSHIP

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Volunteers of America Mid-States is happy to provide you with the components of the 2020 Patricia Cummings Wellness Scholarship program. Employees that have completed one year of service and are in good standing are eligible to participate.

Patricia Cummings is a retired social worker that served as Vice President for Seven Counties Services, the community mental health center in Louisville, KY, and served on our board for 9 years and remains an active member of our W.I.G. (wellness initiative group) since September 2015. Patricia has approximately 40 years of experience in the social work field with the majority of that time with Seven Counties. She was first involved with Volunteers of America Mid-States in 1988 when a federal grant was given to Seven Counties and VOA. She has been connected to VOA ever since.



Patricia and her husband, John Bruggman, who is also a social worker clearly understand the stress and challenges for employees in the helping field and have donated \$5,000 annually since 2016 to help support our dedicated staff and reinforce what our employees do on a daily basis. Volunteers of America Mid-States is thrilled with this annual gift and will continue to match it to offer \$10,000 in scholarships annually for our employees to help achieve wellness goals. Employees should submit the application to their Director/Supervisor for approval and then the VP of the Program will also need to approve.

Scholarships can be used for self-care activities like yoga, massages, classes, books, paid time off from work, etc. or to assist with medical bills/costs associated with wellness. You may have another creative idea for which you would like to apply. All wellness-oriented requests will be considered.

Program changes remaining for 2020:

- Employee must have been employed for 1 year, has not received a scholarship in the previous year, and must be in good standing with VOA when applying.
- Scholarships will be approved by each Program VP (not the Senior Team) and will be distributed per % of program population. Scholarships have been divided up per program based on the percentage of employees for that area.

**Attached to this letter is an application form or you can retrieve the application from ADP. Employees who receive a scholarship award will be required to report back to the Program VP and describe how they utilized the scholarship award and if the outcome resulted in a positive impact on their wellness.**

Volunteers of America Mid-States strives to become the employer of choice in the communities we serve. We hope that this will be another benefit that shows how much we appreciate you and what you do each day to create positive change in the lives of individuals and communities through our ministry of service.

Sincerely,

***Teresa Roberts***

Chief Administrative Officer





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## SCHOLARSHIP APPLICATION

EMPLOYEE INFORMATION			
NAME:		DATE:	
TITLE:			
HOME DEPARTMENT:			
SUPERVISOR:			
HIRE DATE:		FULL OR PART TIME:	
SCHOLARSHIP DETAILS			
REASON: <i>Check one</i>	____ SELF CARE    ____ OTHER IF OTHER, PLEASE EXPLAIN:		
ACTIVITY: <i>Check one</i>	____ PURCHASE A BOOK    ____ ART CLASS    ____ GROUP MEETING    ____ GYM MEMBERSHIP ____ MASSAGE    ____ PAID TIME OFF    ____ SPINNING CLASS    ____ YOGA    ____ OTHER IF OTHER, PLEASE EXPLAIN:		
COST OF ACTIVITY:		FREQUENCY:	TOTAL COST:
COMMENTS: <i>Brief narrative describing why you work for VOA and how this will help your personal wellness</i>			
AUTHORIZATIONS			
SUPERVISORS NAME:		PLEASE CHECK BELOW:	
VP OF PROGRAM		____ APPROVED ____ NOT APPROVED - <i>provide reason:</i>	
VP OF HUMAN RESOURCES			