

## C-P-R

Cardiopulmonary Resuscitation: An emergency life-saving procedure that is done when someone's breathing or heartbeat has stopped. This may happen after an electric shock, heart attack, or drowning. CPR combines rescue breathing and chest compressions until professional help arrives.

As we look at our world today it's in Spiritual Cardiac arrest. It's a treble shock to realize that here is no heartbeat for the lost, the least, and the left out. The heart of compassion and justice appear to be non-existent. Our economy is drowning with greed and the financial strong oppress the less fortunate.

We are faced with needing spiritual CPR. The qualifications/instructions for this spiritual CPR can be found in Psalms 51:1-12; Confession, Petition and Restoration.

This is where David the great fighter, poem and song writer and a king was convicted in his spirit when confronted by the prophet Nathan. After David's sin with Bathsheba. David new that his service to God and his people could only be accomplished if God would create in him a Clean Heart. And this would come only after he had confessed, petitioned and asked for restoration. Just like David we must humble ourselves to the Spiritual CPR.

Ps. 51:1-5 (Confession) 1. Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. 2. Wash me thoroughly from my iniquity, and cleanse me from my sin! 3. For I know my transgressions, and my sin is ever before me. 4. Against you, only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment. 5. Behold, I was brought forth in iniquity, and in sin did my mother conceive me.

Ps. 51:6-9 (Petition) 6. Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart. 7. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. 8. Let me hear joy and gladness; let the bones that you have broken rejoice. 9. Hide your face from my sins, and blot out all my iniquities.

Ps. 51:10-12 (Restoration) 10. Create in me a clean heart, O God, and renew a right spirit within me. 11. Cast me not away from your presence, and take not your Holy Spirit from me. 12. Restore to me the joy of your salvation, and uphold me with a willing spirit.

No matter what our emergencies or lifesaving procedures needed God if faithful to revive us if we would only follow the directions given in Colossians 7:14.

Colossians 7:14 If my people, which are called by my name, would humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.