



**Volunteers of America®**

**MID-STATES**

**PLEASE JOIN US FOR A DAY OF SELF-CARE  
AND WELLNESS ACTIVITIES!**



**WHAT: Candleridge Plaza and Maud Booth Senior Housing: Cook out on the Candleridge back Patio.**

**Activities** – Horseshoes and Karaoke : Prizes to win

**WHEN: Friday April 28<sup>th</sup>, 2017 from 10 am -2 pm**

**WHERE: Candleridge Plaza, 3405 Harrow Gate Lane Powell, Knoxville, Tennessee**