

## SHELBY MEN'S RECOVERY CENTER

**PROGRAM OVERVIEW** Shelby Men's Recovery Center is a 14-bed treatment facility that offers substance use and co-occurring disorders treatment for men through individual, group, family therapy and psychiatric care while using evidence-based practices. Clients pay a weekly residential fee and engage in treatment programmed to meet their individual needs. Clients in this program will attend 12 step recovery meetings in the community to support their recovery treatment. After completion of residential treatment, clients stay connected to their therapy through an outpatient based aftercare program that offers additional support on-site.

The program's goals are to assist men in achieving and maintaining mental health stability, obtaining stable housing and maintaining a sober lifestyle. Clients participate in treatment for 90 days, with aftercare after completion. During this period, they are involved in a variety of psycho-educational groups, receive case management services, participate with individual and group counseling and attend recovery group counseling. Other services include intensive life-skills training, alcohol and drug abuse education and treatment and employment assistance.

**PROGRAM OUTCOMES** 76.47% satisfied

**CLIENT SATISFACTION** 85.29% benefited

**YEAR ESTABLISHED** 2016

**FY 2019 BUDGET** \$156,486

**TOTAL SERVED** 65

**PROGRAM CAPACITY** 14 beds



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