

## THIRD STEP

**PROGRAM OVERVIEW** Volunteers of America's Third Step program is a transitional treatment program for men ages 18 to 50 who are chemically dependent. Third Step focuses on alcohol and drug treatment for men who need support while transitioning back into the community. Services include individual and group counseling, psycho-educational sessions, relapse prevention, anger and stress management and GED education.

Third Step beds range from semi-private to private, and treatment takes place within an evidence based clinical services setting. Seven Counties Services funds eight of the program's 18 beds. Our staff determines eligibility for these beds that primarily serve homeless men who are Kentucky residents.

The program yields a wide range of positive outcomes for clients, including enrolling in GED or college courses, promotion by employers, improved income, no further legal charges, improved physical health, relief felt by families, court fines paid and charges cleared.

**CLIENT SATISFACTION**

- 88% of respondents surveyed indicated they were satisfied with the services they received
- 94% of respondents surveyed indicated they benefited from the services

**YEAR ESTABLISHED** 1987

**FY 2016 BUDGET** \$218,563

**PEOPLE SERVED** 39

**PROGRAM CAPACITY** 18 beds



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