



Approved items to bring with you upon admission into Freedom House Recovery Center

Clients may bring:

Identification card, and insurance card
If you receive WIC or Food stamps please bring your card
IF VACCINATED, PLEASE BRING YOUR VACCINE CARD
Up to one carton of cigarettes, no vapes, Black & Milds, or cigars. You will not be able to keep them on your person
Hygiene products that do not contain alcohol
\$50 cash, any other funds must be placed on a card
Cell phone, and charger but you will not have immediate access to your cell phone
7 Shirts, pants, underwear
2 jackets
3 pairs Shoes
1 pair Shower Shoes
2 towels and 2 wash clothes
3 Spiritual, recovery, or self-help books
Cosmetics
Hair appliances (curling iron, flat iron, blow dryer)
1 ring, 1 necklace, 1 watch, 1 pair of earrings
VOA WILL PROVIDE ALL BED LINENS BUT YOU CAN BRING YOUR OWN IF YOU LIKE; BEDS ARE TWIN SIZE

For your children (per child)

Up to 1 jumbo box of diapers/pull-ups
1 box of wipes
7 bottles / sippy cups
1 bottle brush
Car seat, and stroller are allowed, but beds will be provided
Standard size crib sheets
Clothing (please keep in mind that space is limited, and we are unable to store items)
Coloring book and washable markers, NO CRAYONS
10 containers of Formula
2 jugs of nursery water
If your child has a tablet you are able to bring if it, your child will only have access to it during approved time frames.

****Clients are able to have approved items dropped off weekly: Tuesdays and Fridays 9am-4pm**

If you have any questions or concerns, please call 502-635-4530 and ask to speak with admissions.