

Connecting You to Care

HEALTHY COMMUNITIES



Health Coaching
Education & Resources
Care Coordination

VOA  **HEALTH**
DETERMINED HEALTH

Empowering You to Live Your Best Life

(502) 635-4568 | VOAMID.ORG

Community Health Workers are here to help you and your family stay healthy, get support, and feel connected

- Conduct assessments to identify your top areas of need
- Connect you to community resources
- Increase skills for self-management of chronic health conditions (Diabetes, COPD, Heart Disease, High Blood Pressure, etc.)
- Support to overcome barriers or obstacles to care
- Improve overall quality of life

**at Goodwill Opportunity Center
2820 West Broadway, Suite 600
Louisville, KY 40211**

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